

YEAR 10 CONTINUITY OF LEARNING 2 WEEK CYCLE FROM MONDAY 2 TO FRIDAY 13 FEBRUARY 2026

CORE Subjects	Lesson and Resources	Notes / Extension Task
ENGLISH	<p>Lesson 1 Please complete the 1st lesson on Macbeth (KS4 – Macbeth) – your new unit for Year 10. Login (unitedlearning.org.uk) After watching the presentation and pausing at the relevant points, please complete all tasks within and where able, the quiz.</p> <p>Lesson 2 Please complete the 2nd lesson for Macbeth – Y10 Login (unitedlearning.org.uk) After watching the presentation and pausing at the relevant points, please complete all tasks within and where able, the quiz.</p> <p>Lesson 3 Please complete the 3rd lesson for Macbeth – Y10 Login (unitedlearning.org.uk) After watching the presentation and pausing at the relevant points, please complete all tasks within and where able, the quiz.</p> <p>Lesson 4 Please complete the 4th lesson for Macbeth – Y10 Login (unitedlearning.org.uk) After watching the presentation and pausing at the relevant points, please complete all tasks within and where able, the quiz.</p> <p>Lesson 5 Please complete the 5th lesson for Macbeth – Y10 Login (unitedlearning.org.uk) After watching the presentation and pausing at the relevant points, please complete all tasks within and where able, the quiz.</p> <p>Lesson 6 Please complete the 6th lesson for Macbeth – Y10 Login (unitedlearning.org.uk) After watching the presentation and pausing at the relevant points, please complete all tasks within and where able, the quiz.</p> <p>Lesson 7 Please complete the 7th lesson for Macbeth – Y10 Login (unitedlearning.org.uk) After watching the presentation and pausing at the relevant points, please complete all tasks within and where able, the quiz.</p>	

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<p>MATHS HIGHER (Sets 1 & 2)</p>	<p><u>Lesson 1</u> Tree diagrams Sparx: U558, U729 Complete the questions at all levels.</p> <p><u>Lesson 2</u> Tree diagrams Follow this link and answer the questions Tree diagrams</p> <p><u>Lesson 3</u> Tree diagrams conditional Sparx: U806 Complete the questions at all levels.</p> <p><u>Lesson 4</u> Types of data Sparx: U322 Complete the questions at all levels. Follow this link and answer the questions. Click the tick at the bottom to see the solutions. Types of data</p>	<p><u>Notes:</u> Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div data-bbox="1349 346 1455 430" style="border: 1px solid #0070C0; padding: 5px; text-align: center; width: 40px; height: 50px;"> Independent Learning </div> <p>And then search for the relevant task in the Search bar:</p> <div data-bbox="1349 477 1866 541" style="background-color: #0070C0; color: white; padding: 5px; display: flex; justify-content: space-between;"> Search for topics: Your curriculum: </div> <div data-bbox="1388 509 1859 536" style="border: 1px solid #0070C0; width: 200px; height: 15px; margin-top: 2px;"></div> <div data-bbox="1635 509 1859 536" style="border: 1px solid #0070C0; width: 50px; height: 15px; margin-top: 2px; text-align: center;"> GCSE </div> <p>Use the videos for support as you answer the questions.</p> <p><u>Extension Tasks:</u> Go to: https://www.examq.co.uk/ Search for 'Linear Graphs' Answer the GCSE exam questions Check your answers using the markscheme</p>

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MATHS HIGHER (Sets 1 & 2)	<p><u>Lesson 5</u> Sampling Sparx: U162 Complete the questions at all levels. Follow this link and answer the questions. Click the tick at the bottom to see the solutions. Sampling</p>	<p><u>Notes:</u> Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div data-bbox="1365 377 1455 457" style="border: 1px solid #0070C0; padding: 5px; text-align: center;">Independent Learning</div> <p>And then search for the relevant task in the Search bar:</p> <div data-bbox="1365 509 1866 573" style="border: 1px solid #0070C0; padding: 5px; display: flex; justify-content: space-between;"> <div style="flex: 1;"> Search for topics: <input type="text"/> </div> <div style="flex: 1;"> Your curriculum: <input type="text" value="GCSE"/> </div> </div>
	<p><u>Lesson 6</u> Calculating the median Sparx: U456 Complete the questions at all levels. Click the tick at the bottom to see the solutions. Calculating the median</p>	<p>Use the videos for support as you answer the questions.</p> <p><u>Extension Tasks:</u> Go to: https://www.examqa.co.uk/ Search for 'Linear Graphs' Answer the GCSE exam questions Check your answers using the markscheme</p>
	<p><u>Lesson 7</u> Calculating the mode Sparx: U260 Complete the questions at all levels. Click the tick at the bottom to see the solutions. Calculating the mode</p>	

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MATHS FOUNDATION (Sets 3, 4 & 5)	<p><u>Lesson 1</u> Frequency trees Sparx: U280 Complete the questions at all levels. When finished, follow this link and answer the questions. Frequency trees</p>	<p><u>Notes:</u> Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div data-bbox="1349 377 1455 462" style="border: 1px solid #0070C0; padding: 5px; text-align: center; width: 47px; height: 53px;"> Independent Learning </div>
	<p><u>Lesson 2</u> Sample space diagram Sparx: U104 Complete the questions at all levels. When finished, follow this link and answer the questions Sample space diagrams</p>	<p>And then search for the relevant task in the Search bar:</p> <div data-bbox="1349 509 1866 573" style="border: 1px solid #0070C0; padding: 5px; width: 230px; height: 40px;"> <div style="display: flex; justify-content: space-between;"> Search for topics: Your curriculum: </div> <div style="display: flex; justify-content: space-between;"> <input style="width: 120px; height: 25px; border: 1px solid #0070C0; border-radius: 5px; padding: 2px 5px; margin-right: 10px;" type="text" value="Enter topic name or code"/> GCSE </div> </div> <p>Use the videos for support as you answer the questions.</p>
	<p><u>Lesson 3</u> Venn diagrams Sparx: U476 Complete the questions at all levels.</p>	<p><u>Extension Tasks:</u> Go to: https://www.examqa.co.uk/ Search for 'Linear Graphs' Answer the GCSE exam questions Check your answers using the markscheme</p>
	<p><u>Lesson 4</u> Venn diagrams Sparx: U748 Complete the questions at all levels.</p>	

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MATHS FOUNDATION (Sets 3, 4 & 5)	<p><u>Lesson 5</u> Venn diagrams Follow this link and answer the questions Venn diagrams Answers</p>	<p><u>Notes:</u> Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div data-bbox="1365 377 1455 457" style="border: 1px solid #0070C0; padding: 5px; text-align: center;"> Independent Learning </div>
	<p><u>Lesson 6</u> Tree diagrams Sparx: U558 Complete the questions at all levels.</p>	<p>And then search for the relevant task in the Search bar:</p> <div data-bbox="1365 509 1866 573" style="border: 1px solid #0070C0; padding: 5px; display: flex; justify-content: space-between;"> Search for topics: Your curriculum: </div> <div data-bbox="1381 546 1859 563" style="border: 1px solid #0070C0; padding: 2px; width: 214px; margin-right: 10px;"></div> <div data-bbox="1628 546 1859 563" style="border: 1px solid #0070C0; padding: 2px; width: 100px;"></div>
	<p><u>Lesson 7</u> Tree diagrams Follow this link and answer the questions Tree diagrams</p>	<p><u>Extension Tasks:</u> Go to: https://www.examqa.co.uk/ Search for 'Linear Graphs' Answer the GCSE exam questions Check your answers using the markscheme</p>

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SCIENCE	<p>Lesson 1: KS4> Biology> Organisation> The lungs Curriculum - Curriculum</p> <p>Lesson 2: Blood and blood vessels Curriculum - Curriculum</p> <p>Lesson 3: The heart Curriculum - Curriculum</p> <p>Lesson 4: Heart rate Curriculum - Curriculum</p> <p>Lesson 5: Heart Disease Curriculum - Curriculum</p> <p>Lesson 6: Non-communicable disease Curriculum - Curriculum</p> <p>Lesson 7: Cancer Curriculum - Curriculum</p>	<p>Sparx - How to Use</p> <p>Notes: Where relevant, find the Sparx Task by clicking on Independent Learning:</p> <div style="border: 1px solid #ccc; padding: 5px; display: inline-block;"> Independent Learning </div> <p>And then search for the relevant task in the Search bar:</p> <div style="border: 1px solid #0070C0; padding: 5px; display: inline-block;"> Search for topics: <input type="text"/> Your curriculum: <input type="text" value="Key Stage 3"/> </div>

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ART	Email emily.hoey@theregisschool.co.uk to receive checklist and powerpoint								
BUSINESS STUDIES	13. Segmentation (2).pptx 14. Market Mapping.pptx								
COMPUTER SCIENCE	<u>Lesson 1</u> Complete the work on Selection on: https://time2code.today/home/python-level-2								
	<u>Lesson 2</u> Complete the work on Iteration on: Python level 3 - time2code								
	<u>Lesson 3</u> Complete the following: <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%; padding: 5px;">Tilers mate</td> <td style="width: 25%; padding: 5px; text-align: center;">  </td> <td style="width: 50%; padding: 5px;"> Have the user enter the: <ul style="list-style-type: none"> • width and length of the floor • width and length of a tile • the cost of a tile and have the program calculate the total cost to cover a floor plan using a cost entered by the user (per tile or metre²). </td> <td style="width: 10%; padding: 5px; text-align: center;"> Low Dependency • All </td> </tr> <tr> <td colspan="3"></td> <td style="width: 10%; padding: 5px; text-align: center;"> Medium Dependency Sequence </td> </tr> </table>	Tilers mate		Have the user enter the: <ul style="list-style-type: none"> • width and length of the floor • width and length of a tile • the cost of a tile and have the program calculate the total cost to cover a floor plan using a cost entered by the user (per tile or metre ²).	Low Dependency • All				Medium Dependency Sequence
Tilers mate		Have the user enter the: <ul style="list-style-type: none"> • width and length of the floor • width and length of a tile • the cost of a tile and have the program calculate the total cost to cover a floor plan using a cost entered by the user (per tile or metre ²).	Low Dependency • All						
			Medium Dependency Sequence						
<u>Lesson 4</u> Complete the following: <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%; padding: 5px;">Fizz Buzz</td> <td style="width: 25%; padding: 5px; text-align: center;">  </td> <td style="width: 50%; padding: 5px;"> Create a program that replicates the famous game Fizz Buzz. The program will take an input, e.g. 20, and then print out the list of Fizz Buzz up to and including that number, where: <ul style="list-style-type: none"> • Any multiple of 3 is replaced by the word 'Fizz' • Any multiple of 5 is replaced by the word 'Buzz' • Any multiple of both 3 and 5 is replaced by the word 'FizzBuzz' </td> <td style="width: 10%; padding: 5px; text-align: center;"> Low Dependency • All </td> </tr> <tr> <td colspan="3"></td> <td style="width: 10%; padding: 5px; text-align: center;"> Medium Dependency • Sequence • Selection • Iteration </td> </tr> </table>	Fizz Buzz		Create a program that replicates the famous game Fizz Buzz. The program will take an input, e.g. 20, and then print out the list of Fizz Buzz up to and including that number, where: <ul style="list-style-type: none"> • Any multiple of 3 is replaced by the word 'Fizz' • Any multiple of 5 is replaced by the word 'Buzz' • Any multiple of both 3 and 5 is replaced by the word 'FizzBuzz' 	Low Dependency • All				Medium Dependency • Sequence • Selection • Iteration	
Fizz Buzz		Create a program that replicates the famous game Fizz Buzz. The program will take an input, e.g. 20, and then print out the list of Fizz Buzz up to and including that number, where: <ul style="list-style-type: none"> • Any multiple of 3 is replaced by the word 'Fizz' • Any multiple of 5 is replaced by the word 'Buzz' • Any multiple of both 3 and 5 is replaced by the word 'FizzBuzz' 	Low Dependency • All						
			Medium Dependency • Sequence • Selection • Iteration						

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DRAMA	Reread Find Me and make notes on what happens.	
DT	Email your class teacher for information on any missed lessons	
FOOD	Email your class teacher for information on any missed lessons	
FRENCH	<p>Here are the exam themes:</p> <ol style="list-style-type: none"> 1) Identity and Culture 2) Local Area and Holidays 3) School 4) Future Plans 5) Global Issues and Events <p>Here are BBC Bitesize links to the topic we are studying at the moment:</p> <ul style="list-style-type: none"> - T2: Places to see and things to do in French - T3: What school is like in French - T3: School activities in French - T4: Ambitions in French <p>All revision resources are in this folder on the Student (P) Drive: CLICK HERE</p>	<p>Notes:</p> <ol style="list-style-type: none"> 1. Watch the video on Bitesize and complete the activities. 2. Make a note of any new words in French and English 3. Revise a set on Vocab Slam 4. Go to the student P drive and choose a revision resource. <p>Quizlet - Join your Year 10 French group here: Year 10 French Quizlet</p> <p>Homework / Extension tasks:</p> <ol style="list-style-type: none"> 1. Active Learn. Go to https://www.pearsonactivelearn.com/app/Home Your username is your Regis School email. Your password is Tr5Reset20 Complete set tasks.

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GEOGRAPHY	<p>Section B: Development & India w/c 2 February L5 – Bottom Up L6 – INDIA: Site and situation w/c 9 February L7 – INDIA; Economic trends L8 – INDIA: Role of globalisation</p>	
HEALTH & SOCIAL CARE		
HISTORY		
MEDIA STUDIES	Please see work set on Arbor	
MUSIC	The Western Classical Tradition (1600-1910): Music for small ensembles: https://thenational.academy/pupils/lessons/music-for-small-ensembles?share=true	
PHYSICAL EDUCATION BTEC & GCSE	<p>Teachers will email specific students missing from their class or email your teacher for guidance.</p>	<p>Please email your class teacher to request work. Your teacher will set you work that is bespoke to the unit you are currently covering in lesson. Email address are below for ease.</p> <p>YEAR 10 GCSE Mr James or Mr Thompson ajames1@theregisschool.co.uk Rhys.Thompson@theregisschool.co.uk</p> <p>YEAR 10 BTEC Mr Manvell or Miss Parker Daniel.Manvell@theregisschool.co.uk Jessica.Parker@theregisschool.co.uk</p>

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PSYCHOLOGY	Topic Review Complete revision for the symptoms and explanations (genetics and cognitive) of depression For each approach identify one main strength and weakness to remember	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder
	Topic Review Complete revision for the study completed by Caspi Then use the revision PowerPoint on Arbor to answer at least 3 different exam questions for the topic of depression and then use the mark schemes to mark your answer	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder
	Intro to addiction Define and outline the symptoms of depression Identify statistics for how addiction has changed over time Explain the impact addiction has on society	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder
	Genetics of addiction Research and outline the impact genetics has on the chances of someone getting addiction. Outline the impact of the DDR2 gene in particular Evaluate the genetic approach with reference to real life impact / determinism and reductionism	Paper 1 Revision PowerPoint is available on Arbor and contains all of the information needed Lesson PowerPoints can be found on the student drive in the social science folder

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RELIGIOUS STUDIES		
SPANISH	<p>Here are the exam themes:</p> <ol style="list-style-type: none"> 1) Identity and Culture 2) Local Area and Holidays 3) School 4) Future Plans 5) Global Issues and Events <p>Here are BBC Bitesize links to every topic.</p> <p>All revision resources are in this folder on the Student (P) Drive: CLICK HERE</p>	<p>Notes:</p> <ol style="list-style-type: none"> 1. Watch the video on Bitesize and complete the activities. 2. Make a note of any new words in Spanish and English 3. Choose a Vocab Slam set to revise. 4. Go to the student P drive and choose a revision resource. <p>Extend:</p> <ol style="list-style-type: none"> 1. Active Learn. Go to https://www.pearsonactivelearn.com/app/Home Your username is your Regis School email. Your password is Tr5Reset20 Complete set tasks.